

2022/2023 Breakfast High School Breakfast

Crenshaw County Schools

Mon	Tue	Wed	Thu	Fri
2/6/2023	2/7/2023	2/8/2023	2/9/2023	2/10/2023
Main Entree Mini Berry French Toast Meat/Meat Alternate Sausage Patty Grain Whole Grain Cereal Fruit Applesauce, Cup Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	2/7/2023 Main Entree Whole Grain Muffin Meat/Meat Alternate Sausage Link, Fully cooked (Prairie Creek) Other Cheese Grits Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate	2/8/2023 Meat/Meat Alternate Grilled Cheese Bacon, Precooked (layer pack) (Richmond Peak Quality) Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	2/9/2023 Main Entree Turkey Sausage Breakfast Pizza Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	2/10/2023 Main Entree Sausage Biscuit Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry
Condiment Syrup Cup	(HPT) Milk, Fat Free Strawberry	0/45/0000	0/40/0000	0/47/0000
2/13/2023 Main Entree	2/14/2023 Main Entree	2/15/2023 Main Entree	2/16/2023 Main Entree	2/17/2023
Buttermilk Pancakes Buttermilk Pancakes Meat/Meat Alternate Sausage Patty Grain Whole Grain Cereal Fruit Applesauce, Cup Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry Condiment Syrup Cup	Breakfast Burrito Strawberry Yogurt Cup Granola Packet Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Turkey Sausage Breakfast Pizza Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Sausage Biscuit Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	



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Mon	Tue	Wed	Thu	Fri
2/20/2023	2/21/2023	2/22/2023	2/23/2023	2/24/2023
2/20/2023	2/21/2023 Main Entree WG Glazed Cinnamon Roll & Sausage Grain Whole Grain Cereal Fruit Applesauce Cup Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	2/22/2023 Main Entree Cheese Toast w/Bacon Meat/Meat Alternate Egg Patty Other Cheese Grits Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate	Main Entree Apple Strudel Stick Meat/Meat Alternate Sausage Link, Fully cooked (Prairie Creek) Yogurt Parfait Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate	Main Entree Turkey Sausage Breakfast Pizza
0/07/0000	0/00/0000	(HPT) Milk, Fat Free Strawberry	(HPT) Milk, Fat Free Strawberry	0/0/0000
2/27/2023 Main Entree	2/28/2023 Main Entree	3/1/2023 Main Entree	3/2/2023 Main Entree	3/3/2023 Main Entree
Crispy Chicken Biscuit Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Colby Cheese Omelet Plain Bagel Other Cheese Grits Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk	Mini Berry Waffles Meat/Meat Alternate Sausage Link, Fully cooked (Prairie Creek) Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk	Turkey Sausage Breakfast Pizza Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Sausage Biscuit Grain Whole Grain Cereal Fruit Fresh Fruit Variety Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry
	Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry Condiment Plain Cream Cheese Cup Strawberry Cream Cheese Cup	Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry Condiment Syrup Cup	Wilk, Fat Fiee Strawberry	

FILTERS				
Name(s)	Value(s)			
Date Range	(Start = 2/5/2023, End = 3/4/2023)			
Menu Plan	(2022/2023 Breakfast High School)			

